



# Anti Bullying Policy

Approved by: Trust Board

Date: 01.09.2023

Last reviewed on: 03.06.26

Next review due by: 31.08.28

## ***Updates and amendments***

| Date    | Policy section | What's changed?                           | Why?                                                                  |
|---------|----------------|-------------------------------------------|-----------------------------------------------------------------------|
| 30.4.26 | 1              | Added Cyber-bullying to types of bullying | Pupils use of digital technology on the increase.                     |
| 30.4.26 | 6              | Added new Glossary section                | Definition of cyber bullying for information, clarity and consistency |

Anti Bullying Policy

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## 1. Introduction

The school always strives to promote positive behavior and encourage good relationships between pupils. In spite of this, it is accepted that some bullying incidents will still occur. Bullying can be:

- Physical: pushing, kicking, hitting, pinching, any form of violence, threats;
  - Verbal: name-calling, sarcasm, spreading rumours, persistent teasing;  
Emotional: tormenting, threatening ridicule, humiliation, exclusion from groups or activities;
  - Racist: racial taunts, graffiti, gestures;
  - Sexual: unwanted physical contact, abusive comments.
- Cyber bullying: harassment, shaming, impersonation, cyber-stalking, exclusion, outing, trolling,

It is the responsibility of the school, and everyone associated with the school to eradicate bullying by ensuring the development of a caring and supportive ethos.

This document provides details of the school's policy on dealing with such incidents of bullying.

## 2. Aims

The aims in managing incidents of bullying are:

- to provide a secure environment in which pupils can report incidents confidently
- to show all pupils and parents that bullying is taken seriously
- to enable teachers to respond calmly and consistently to bullying incidents
- to reassure pupils that the school will protect and support all parties whilst the issues are resolved
- to provide long term and positive programmes of personal development where it is required

## 3. Implementation of the Policy

The school will regularly emphasise to pupils that bullying is not acceptable and that all incidents will be taken seriously.

Pupils will also be encouraged to report incidents of bullying to a member of staff or their parents. Parents should raise any concerns they have with the class teacher or Head Teacher at the earliest opportunity.

All incidents of bullying will be taken seriously, investigated and appropriate action taken. Incidents will be dealt with speedily, fairly and positively. A written record will be kept of all incidents where further investigation is considered necessary – this record will include detail of the incident(s), the investigation and outcome.

Parents will be informed at the earliest opportunity where an incident is considered serious enough to warrant further investigation or where there are repeated incidents of a minor nature.

Parents will be made aware of the school complaints procedure. Any complaints made through that procedure will be taken seriously and dealt with accordingly.

Advice and support will be offered to the bullied individual.

The bully will be supported in recognising their unsociable behaviour and offered support to modify that behaviour. Staff will also ensure that, where necessary, action is taken to prevent further incidents. Such action may include:

- imposition of sanctions
- obtaining an apology
- informing parents of both bully and bullied
- provision of mentor support for both victim and bully

All staff, teaching and non-teaching will be vigilant and deal with all observed incidents of bullying even where the bullied individual has not reported the incident.

All teaching staff, non-teaching staff and parents will be made aware of the contents of this policy.

## 4. Evaluation and Review

All staff will be asked to ensure that they are familiar with the contents of this policy and will be encouraged to provide feedback on its effectiveness on an ongoing basis.

This policy will be brought to the attention of all parents and will be freely available to any parent wishing to see a copy.

Comments from staff and parents are of course welcome. Any such comments will be considered by the Head Teacher/Governors and policy amendments made where appropriate.

This policy will also be formally reviewed on a bi-annual basis.

## 5. Consultation

This policy has been prepared by Forward As One Church of England Multi Academy Trust in consultation with the Head Teacher and Governing body.

This Policy was reviewed by the Standards & Effectiveness Committee on a 2-yearly cycle and must be signed by the Chair of Governors and Head Teacher. (Trust Governor Portal)

## 6. Glossary of terms

- **Cyberbullying** is the use of technology to harass, threaten, embarrass, or target another person. Online threats and mean, aggressive, or rude texts, tweets, posts, or messages all count.
- **Harassment:** Sending repeated, insulting, or abusive messages.
- **Denigration/Shaming:** Spreading, rumours, untrue information, or embarrassing pictures/videos.
- **Impersonation:** Creating fake accounts or hacking profiles to damage someone's reputation.
- **Cyber-stalking/Flaming:** Sending menacing, aggressive, or hateful messages online.
- **Exclusion:** Deliberately leaving people out of online groups or games.
- **Outing/Trickery:** Sharing personal information or embarrassing photos without consent.
- **Doxxing:** Releasing private information (address, phone number) online